

ST. PETER'S CATHOLIC FIRST SCHOOL (ACADEMY)

Our Lady of Lourdes Multi-Academy Company
"Love God and Love One Another"



A message from Mr. Pinnock

We know that being active is one of the most important things you can do for your health and wellbeing. Just 10 minutes of physical activity per day can benefit your physical and mental health. We understand that Covid-19, or Coronavirus, raises concerns around being active, particularly within sport and physical activity environments and facilities. However, there has never been a more important time to remain active, for positive mental wellbeing and physical health.

Please look at the links provided on our website for some with ideas and videos to help us remain active during this difficult time.

Values and Virtues focus this half-term are:

Faith-filled and Hopeful



Dear Parents / Carers,

It is with sadness in such uncertain times that I write this newsletter this week. Following on from the Government announcement on Wednesday evening, school will close at 3.15pm today, Friday 20th March 2020.

As you will be aware the staff have worked tirelessly to prepare activity packs that were sent home Wednesday for the children to use during this period of closure. We are aware that this is only a small gesture but we understand how difficult and challenging this situation is going to be for everyone in our community. We are all affected whether it be through changes to our daily life and routines, being unable to see some of our loved ones due to isolation or be it through illness itself. *We need to work together to establish a 'new norm.'*

We will do our best to keep our school website updated and will periodically keep in touch with you via email and text message some of which will be for you as parents / carers, some of which I would ask that you share with your child / children.

Please be assured that over the coming days, weeks or even months you will all be in my thoughts and in my prayers.

Take care and keep safe,

Kind regards

Catherine Clubley



Reflection: Lockdown

Yes there is fear.

Yes there is isolation.

Yes there is panic buying.

Yes there is sickness.

Yes there is tragically, even death.

But...They say that in Wuhan after so many years of noise

You can hear the birds again.

They say that after just a few weeks of quiet

The sky is no longer thick with fumes

But blue and grey and clear.

They say that in the streets of Assisi

People are singing to each other

across the empty squares,

keeping their windows open

so that those who are alone

may hear the sounds of family around them.

They say that a hotel in the West of Ireland

Is offering free meals and delivery to the housebound.

Today a young woman I know

is busy spreading fliers with her number

through the neighbourhood

So that the elders may have someone to call on.

Today Churches, Synagogues, Mosques and Temples

are preparing to welcome

and shelter the homeless, the sick, the weary

All over the world people are slowing down and reflecting

All over the world people are looking at their neighbours in a new way

All over the world people are waking up to a new reality

To how big we really are.

To how little control we really have.

To what really matters. To Love.

So we pray and we remember that

Yes there is fear.

But there does not have to be hate.

Yes there is isolation.

But there does not have to be loneliness.

Yes there is panic buying.

But there does not have to be meanness.

Yes there is sickness.

But there does not have to be disease of the soul

Yes there is even death.

But there can always be a rebirth of love.

Wake to the choices you make as to how to live now.

Today, breathe.

Listen, behind the factory noises of your panic

The birds are singing again. The sky is clearing. Spring is coming,

And we are always encompassed by Love.

Open the windows of your soul

And though you may not be able to touch across the empty square,

Sing.

Fr Richard Hendrick, OFM - March 13th 2020

